

1/SEC-131 Syllabus-2023

2025

(Nov-Dec)

FYUP : 1st Semester Examination

SKILL ENHANCEMENT COURSE

(**Motivation**)

SEC-131

Marks : 56

Time : 2½ hours

*The figures in the margin indicate full marks
for the questions*

SECTION—A

1. Answer any *four* of the following questions :

4×4=16

- (a) Explain briefly the cognitive approach to education.
- (b) Explain any two components of motivation.
- (c) What are the principles of motivation?

(2)

- (d) Why is it important to celebrate personal achievements?
- (e) Describe goal setting as an important strategy in improving motivation.
- (f) Name five fun energizers for improving motivation.

SECTION—B

Answer any *four* of the following questions :

10×4=40

- 2. Explain the meaning of motivation. Discuss the types of motivation. 4+6=10
- 3. Elaborate on the principles and importance of motivation. 5+5=10
- 4. Discuss the impact of motivational talks in helping students to achieve their goals.
- 5. Prepare a motivational worksheet for goal achievement.
- 6. Discuss two motivational activities that teachers can organize for students.

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